

Activity Tracking

WHY DO YOU HAVE TO TRACK ACTIVITIES ?

As your social wellness partner, our primary aim is to keep you active and involved. Regularly sharing your walking experiences with us is vital for continued eligibility.

A common question we get is, "What activities count?" Here's a list of activities you're likely already doing that can be considered.



Go On Walks: Every hike, every walk, and every club event you attend.

Equipment Purchase: Investing in new equipment for your passion becomes an investment in our club's future.

Hiking Lessons and Workshops: Participating in coaching sessions, clinics, and educational workshops to enhance your skills, fitness, or mental well-being.

Volunteering: Giving your time to help organize events, manage club operations, or support fellow members.

Social Interactions: Going out for lunch, sharing a drink, or simply spending time with club members and fostering camaraderie.

Tournaments and Events: Participating in or planning social events that build camaraderie.

And More: There are probably more activities you do daily around your passion for walking. If you have questions on what else may be an activity, contact us at 833-906-1700.

Grouper

Call 833-906-1700
Email info@hellogrouper.com